

Lent 2021: Prayers for Hope and Resurrection

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Prayers for Hope and Resurrection

As you consider Lent and Easter this year we offer a prayer for each week. Read the prayer each morning. Carry it with you through the day to read at lunch, or during a break or resting.



During this year we have experienced much. We have all learned what is important and what to discard. We have learned what to value. As these prayers become a familiar piece of each day you will become more comfortable with this practice. May you discover and receive much from these *Prayers for Hope and Resurrection*

Ash Wednesday, February 17

Holy One, place my hands upon the Gates that I might throw them open, welcoming the Arrival of Hope into my life. May muscle and bone, heart and head, soul and spirit be awakened to the journey ahead. The barriers are removed! In Christ's Name, Amen.

February 21 - 27

Dear Friend, pretending is not mending. I am empty and without form, the day seems lost between what I know and what I will do. Lift my head up, Lord. Whisper strength into my heart. Clear the grey from this day and bring blazing light into my home. These are my prayers, Amen.

February 28 – March 6

Heart of Grace, in this week of mixed blessings and feelings, I am looking for what can heal me. I am looking for what can turn my mind. O God, lift my heart and spirit—it is time and I need it so. Let me find Life, once more. In this Name, who walks here now, Amen.

March 7 - 13

Dearest Companion and Friend, I find myself in the middle of nowhere, winding around nothing and I search for a hand, a place to stand, somewhere safe. Touch me with the glimmering possibility of Hope. Take me, Lord, to the end of this Holy Week. These are my prayers, Amen.

March 14 - 20

Holy and Gracious One, I hear the shadows talking in gloomy mutterings of despair, as the Lord's Peace here among us, was stolen and snatched away. In silence and quiet meditation, keep our hearts aimed toward what is ahead. Absent but not abandoned. Fearful but not forgotten. Linger but not lost. I raise my hands into this night, seeking your soothing grasp. Amen.

March 21 - 27

Most Loving God, who has heard of such love? Jesus, whose hands offered justice and mercy—pierced. Jesus, whose footsteps crossed lines of suspicion and hatred—pierced. Jesus, whose bowed head gathered all in love—pierced and broken. O God, may my life be as dear to me as it is to Christ. May such love be the net cast upon us all, binding each one to the other. May it be so. Amen.

March 28 – April 3

Faithful Guide and Holy Friend, these hours seem empty. These minutes, scattered. We are the assorted and jumbled followers. It is here, with these, I wait. Waiting for what might be next. Praying for what might be next. O God, may this waiting reveal the coming restoration. May this waiting brightly proclaim the Day of Hope and Resurrection. In this Name, these are my prayers, Amen.

Easter Sunday, April 4

Wondrous God, Risen Lord, Creating Spirit—Good News! What was bound, has been released. What has been in shadows, now has seen

the Light. Fear is ignored and forgets its place. The Promise is fulfilled, each heart is drenched in mercy, each life is forgiven, restored, and brought new into this day. Justice runs free, and I will not stop it. Love is raised beyond limits, and I will not doubt it. Hope is on the rise, and I will not forget it. Thank you, O God, thank you, for today ALL is new. These are my prayers, In Christ's Name, Amen

